APPETIZERS, SMALL PLATES, THINGS TO SHARE & GOOD THINGS TO EAT WITH BEER & WINE at EASTERN SEABOARD BAR & GRILL 0419802570

VEGETARIAN

Lucques Olives *(Herault, FR)*	5.00
House Marinated Olives	4.50
Seasonal Pickles, Crudités & Grissini	4.95
Crostini *w/ slow roasted cherry tomatoes, shaved parmesan & garlic*	3.95
Extra Virgin Olive Oil (Oleum Flumen de finca, Spain) *w/ crusty bread & Maldon Salt*	5.00

SEAFOOD

Crispy Fried Baby Tiger Prawns (shell on) *w/ chilli & garlic vinegar*	6.00
***Bagna Couda** *w/ crudités & bread*	6.95
Crab Cakes	10.00
Garlicky Crab Claws	12.00
*** Panko Fried Carlingford Oysters** *w/ garlic aioli*	8.00
Monkfish TACO *w/ mango salsa*	8.50
Moules Mariniere	8.75

MEAT

Butchers Board *w/ pork rillettes, black pudding & chorizo ballotine & prosciutto san daniele + accompaniments*	10.95
Spicy Chicken Wings *w/ sour cream & celery spears*	7.95
Pork Belly Cos Lettuce Wraps *w/ asian slaw & daikon kimchi*	7.50
BBQ Baby Back Ribs	7.50

CHEESE

Cheese Board *Bellingham Blue - Louth, Durrus - Cork, Knockdrinna Meadow - Kilkenny, St. Tola – Clare*	12.00
Ploughman's Plate *w/ sharp vintage cheddar an apple & warm crusty bread*	6.96

SWEET

Crème Brule *w/ biscotti*	6.00
Raspberry Mess *w/ meringue, & whipped cream*	6.00
Bread & Butter Pudding *w/ warm custard & vanilla ice cream*	6.00
Warm Chocolate & Macadamia Nut Brownie *w/ toffee ice cream*	6.00
Coffee Jelly & Vanilla Ice Cream	6.00
Port & Chocolate: Dows Nirvana Reserve & *a piece of BEAN & GOOSE handmade chocolate (Wexford) Saint Domingue 70% cocoa*	6.95
Citrus Shortbread Brown Hound Bakery Cookies	4.00

LUNCH & DINNER MENU

SOUP

Homemade Soup of the day	4.95

SALAD

Grilled Chicken Caesar *w/ garlic bread*	9.50 | 6.50
Add smoky bacon crisps	11.00 | 8.00
Mo's Cold Spicy Noodle Salad	10.00
Add grilled chicken	12.50
Add sliced filet steak	16.00
Add tiger prawns	12.95
Add sesame seeded salmon	21.00
Add Pork Belly	12.50
Add a fried egg	2.00
Grilled Sliced Fillet Steak *w/ market greens, shoestring potato chips, buffalo mozzarella & basil pesto crostini*	16.00
Organic Roasted & Pickled Beets** ***w/ organic st tola goat cheese& warm puy lentils	**9.50**
Dressed Crayfish, Crab & Prawns *w/ toasted crostini*	14.95

SANDWICH & BURGER (choose one side)

***Filet Steak Loaf Sandwich** *w/ caramelized red onion, rocket & mayo*	16.00
Crab Cake Blaa *w/ rocket & lime mayo*	13.95
Irish Beef Burger *w/ tangy tomato relish, red onion & spicy mayo on housemade brioche bun*	12.95
Add a fried free range egg	2.00
Add cheddar or crispy bacon	1.50ea
Bellingham Blue Burger *w/ caramelized red onion & rocket on housemade brioche bun*	12.95
Grilled Chicken Blaa *w/ slow roasted red pepper, shaved red onion, mozzarella, pesto mayo & rocket*	9.95

DID YOU KNOW THAT WE SERVE A GREAT BREAKFAST & BRUNCH SATURDAY & SUNDAY MORNING FROM 11AM – 1.30PM?

FISH(choose two sides)

Moules Frittes (+1 side) 14.50

Seafood Linguini DELUXE (no sides included)
w/ tiger prawns, crab claws, clams, mussels, tomato & chilli 23.00

Beer Battered Deep Fried Smoked Haddock 14.50

Pan Fried Mackerel *w/ celeriac slaw* 13.95

Garlicky Crab Claws 24.00

Grilled Tiger Prawns *w/ chilli, garlic, lemon & herbs* 16.00

Sesame Seeded Loch Duart* Salmon 19.00

**sustainably farmed & environmentally responsible, this salmon is outstanding. It will be cooked 'medium' for optimum flavour – please specify if you require another temperature.*

MEAT (choose two sides)

BBQ Baby Back Ribs 14.50

Cracklin' Pork Belly *w/sweet ginger & stone fruit* 16.95

8 oz Dry Aged Fillet (John Stone, Longford)
w/fried onions, pepper sauce OR roast garlic butter 26.00

Grainfed 10 oz Hanger Steak (Omaha, USA)
w/Annagassan lobster butter 27.00

Marinated & Grilled Lamb Steak (+1 side)
w/ minty chickpeas & chilli pickle 18.00

Duck Confit *w/ sharp gooseberry jam* 14.95

BBQ Grilled **Corn Fed Free Range** Chicken
w/ honey & soy 17.50

Slow Braised Lamb Shank *w/gremolata* 14.95

VEGETARIAN (choose two sides)

Grilled Eggplant, Mozzarella & Vine Tomato Stack 11.95

Bellingham Blue Burger (+ 1 side)
w/whole Portobello, caramelized red onion & rocket on housemade brioche bun 12.95

Grilled Portobello 'Steak' *w/ slow-roast tomatoes, crispy fried onions, garlic butter & balsamic reduction* 12.00

Moroccan Style Chickpea Hot Pot (+1side)
w/ herbed bulgar wheat & sour cream 12.00

Spiced Split Pea & Garbanzo Bean Burger (+ 1 side)
w/ carrot & cucumber slaw & avocado on housemade brioche bun 12.95

Spaghetti Aglio Olio (+ 1 side) *w/ garlic & chilli & EVOO* 11.50

SIDES

Warm Potato Salad

Mixed Leaf Salad *w/lemon shallot vinaigrette*

Tabouleh

Creamy Mash

Hand Cut Fries

Thin & Crispy Sweet Potato Fries

Local & Seasonal Greens *w/ crispy fried shallots*

Slow Roast Carrots *w/thyme*

Balsamic Puy Lentils

***Slow Braised Spiced Red Cabbage**

Fried Free Range Egg 2.00

All sides are €4.00 when ordered individually

***new on the menu!**

FOR CHILDREN

Carrot Batons, Cucumber Spears & Bread Sticks
w/ roasted red pepper dip (w/our compliments - please tell your server if you would like to avail of this)

MAIN 7.00

Panko Breaded Chicken

BBQ Baby Back Ribs

Sausage & Mash *w/ gravy*

Home-style Ciabatta Pizza *w/ fresh tomato & mozzarella*

Tiger Prawn Puff Tails

Chicken Wings

Sliced Filet Steak

Spaghetti *w/butter & freshly grated parmesan OR simple tomato sauce OR garlicky whole prawns*

Mini Irish Beef Burger *w/ traditional accompaniments*
Please select your favourites from the following:
sliced tomato, shaved red onion, white cheddar, pickles, salad

SIDES *Greens, Creamy Mash, Slow Roast Carrots, House Salad or Handcut Fries*

SWEET 2.95

Stagrennan Farm Apple Juice Jelly & Ice Cream

Ice Cream Cone *w/ sprinkles*

Cookies & Milk

#WHERE POSSIBLE, HALF PORTIONS OF MAIN MENU ITEMS ARE ALSO AVAILABLE FOR CHILDREN
#CHILDREN'S MENU IS ONLY FOR CHILDREN UP TO 12 YEARS OF AGE
#WE CANNOT ACCOMMODATE INDIVIDUAL PAYMENTS FROM GROUPS OF 6 OR MORE AT WEEKENDS.
#IF YOU HAVE RESERVED A TABLE WITH US & ARE RUNNING LATE PLEASE LET US KNOW, OTHERWISE THE TABLE WILL BE REALLOCATED TO ANOTHER PARTY AFTER 25MINUTES.
#BREAD ARRIVES WARM & WITH OUR COMPLIMENTS FROM 6PM-ISH MONDAY – SATURDAY WITH MAIN COURSES.
#THERE IS NO BREAD SERVICE ON SUNDAY.
#IF YOU REQUIRE READING GLASSES TO SEE THIS MENU PLEASE ASK AT RECEPTION!

#041-9802570

#WWW.GLASGOW-DIAZ.COM

BREAKFAST OF CHAMPIONS at EASTERN SEABOARD

SATURDAY & SUNDAY 11AM – 1.30PM

TOMATO BAKED EGGS
w/ parmesan & chive scone
7.00

HAM HOCK EGGS BENEDICT
w/ poached eggs, arugula, hollandaise & buttermilk biscuit
10.00

ANNAGASSAN SMOKED SALMON BENEDICT
w/poached eggs, arugula, hollandaise & buttermilk biscuit
12.00

STEAK & EGGS
filet steak, fried egg, hand cut fries & hollandaise
15.00

THE WHOLE HOG
blood sausage croquette, black pepper sausage, peat smoked bacon, two fried eggs, potted mushroom & toast
12.50

THE TOAST
Cinnamon French Toast w/maple syrup & whipped cream 8.00
add bacon crisps 10.00

BROWN HOUND BAKERY GRANOLA
w/ roasted fruit compote, natural yoghurt & local honey
8.00

WARM BROWN HOUND APPLE MONKEY BREAD
w/ whipped cream
5.00

(please know that we cannot accommodate any substitutions on this menu)

FRESHLY SQUEEZED ORANGE JUICE & CARROT JUICE AVAILABLE SATURDAY & SUNDAY 3.00

BELLINI
prosecco w/ pear & rosehip nectar 9.00

MIMOSA
Bubbles w/ fresh orange juice & grand marnier 12.00

BLOODY CAESAR
like Mary but w/ a touch of clam juice 8.00

RUM RABBIT RUM
fresh pressed carrot juice, rum, ginger & coriander 8.00

COFFEE & MORE

OUR SPECIALLY SELECTED 'HOUSE BLEND' FROM LOCAL COMPANY GREENBEAN COFFEE ROASTERS BRINGS YOU A SMOOTH, RICH COFFEE EXPERIENCE TO SAVOUR:

AMERICANO		**2.70**
CAPPUCCINO		**3.00**
LATTE		**3.00**
MACCHIATO		**2.50**
MOCHA		**3.25**
ESPRESSO **2.20**	DBL **2.50**	
HOT CHOCOLATE		**2.75**
DELUXE HOT CHOCOLATE *w/ fresh cream & marshmallows*		**3.75**
POT OF TEA FOR ONE		**1.90**
MATCHA LATTE *w/ honey*		**3.50**
DOUBLE HAPPINESS *condensed milk w/ shot of espresso*		**2.75**
add a splash of cognac, bulleit burbon or jameson		**3.50**
CASHMERE BLANKET *hot chocolate, a shot of cognac, cinnamon-chocolate dusted whipped cream & baby marshmallows*		**6.50**

***SOYA MILK** AVAILABLE *(please ask your server)*

TEA 2.65
SOLARIS BOTANICALS ARE BASED IN GALWAY AND SUPPLY US WITH TOP GRADE, LOOSE, ORGANIC SPECIALITY TEAS.

ORGANIC EARL GREY
ORGANIC DARJEELING
ORGANIC IRISH BREAKFAST
ORGANIC MINT
ORGANIC JASMINE GREEN
ORGANIC CHAMOMILE
ORGANIC ROOIBOS CHOCOLATE CHAI
ORGANIC WHITE TEA (PAI MU TAN)
ORGANIC CHUNMEE GREEN TEA

LIQUEUR COFFEE 5.75

French *(brandy)*
Calypso *(tia maria)*
Baileys
Irish *(whiskey)*